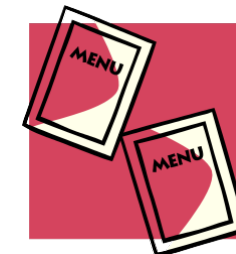


# WILLIAM READ PRIMARY AND NURSERY ACADEMY LUNCH MENU – WEEK 1

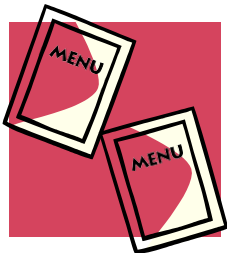
Weeks commencing 17<sup>th</sup> April, 1<sup>st</sup> May, 15<sup>th</sup> May, 5<sup>th</sup> June and 19<sup>th</sup> June 2023



	<b>Meat Free Monday</b>	<b>Classic Tuesday</b>	<b>Midweek Roast Wednesday</b>	<b>Milkshake Thursday</b>	<b>Grab-a-Bag Friday</b>
<b>Main Course</b>	Quorn Nuggets (vg)* with Potato Crispers	Beef Chilli Con Carne with Taco Shell and Potato Wedges	Roast Chicken Fillet with Gravy*	Harry Ramsden Battered Fish Fillet*	Ham or Chicken Filled Soft Roll*
<b>Vegetarian Option</b>		Chilli Con Carne*	Roast Quorn Fillet* with Gravy*		Cheese (v) Filled Soft Roll*
<b>On the Side</b>	Spaghetti Hoops or Coleslaw*	Sweetcorn or Mixed Salad	Roast Potatoes Yorkshire Pudding* Country Vegetables	Chips Peas	Crisps Chocolate Biscuit Bar
<b>For Dessert</b>	Fruit Cocktail with Squirry Cream	Frozen Fruit Smoothie Pot	Sponge of the Day* with Custard*	Iced Doughnut or Cookie*	Yoghurt Tube* Fruit Juice Drink

## All items subject to availability

\* these items may contain one or more of the following ingredients: wheat, dairy, soya or eggs  
vg – Vegan, gf – Gluten Free, v - Vegetarian



# WILLIAM READ PRIMARY AND NURSERY ACADEMY LUNCH MENU – WEEK 2

Weeks commencing 24<sup>th</sup> April, 8<sup>th</sup> May, 22<sup>nd</sup> May, 12<sup>th</sup> June and 26<sup>th</sup> June 2023



	<b>Meat Free Monday</b>	<b>Classic Tuesday</b>	<b>Midweek Roast Wednesday</b>	<b>Milkshake Thursday</b>	<b>Grab-a-Bag Friday</b>
<b>Main Course</b>	Cheese and Tomato Pizza (v)*	Chicken Meatballs in a Tomato Sauce	Roast Gammon Steak with Gravy*	Bubble Crumb Fish Fillet (gf)	Sausage Roll (v)*
<b>Vegetarian Option</b>		Plant Based Meatballs (vg)* in a Tomato Sauce	Roast Quorn Sausage* with Gravy*	Fishless Fish Fingers (vg)*	Vegan Sausage Roll (vg)*
<b>On the Side</b>	Herby Diced Potatoes*  Baked Beans or Mixed Salad	Pasta Shapes* Peas	Roast Potatoes Yorkshire Pudding* Seasonal Vegetables	Chips  Spaghetti Hoops* or Coleslaw*	Crisps Chocolate Biscuit Bar
<b>For Dessert</b>	Fruit Or Yoghurt Pot*	Ice Cream Tub* and Café Curl*	Sponge of the Day with Custard*	Sweet Waffle or Cookie*	Carton of Fruit Juice Drink

## All items subject to availability

\* these items may contain one or more of the following ingredients: wheat, dairy, soya or eggs  
vg – Vegan, gf – Gluten Free, v - Vegetarian