

WILLIAM READ PRIMARY AND NURSERY ACADEMY LUNCH MENU – WEEK 1

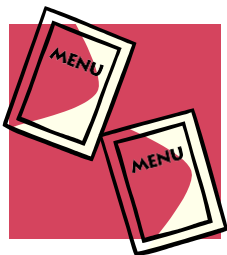
Weeks commencing 31st October, 14th November, 28th November and 12th December 2022
Weeks commencing 2nd January, 16th January and 30th January 2023



	Monday	Tuesday	Wednesday	Thursday	Friday Grab-a-Bag
Main Course	Pizza Rounds	Battered Chicken Chunks with BBQ or Tomato Sauce	Roast Gammon	Enchiladas	Turkey Sandwich
Vegetarian Option	Swedish Style Meatless Meatballs	Quorn Dippers with BBQ or Tomato Sauce	Vegetarian Toad in the Hole	Veggie Enchiladas	Cheese Sandwich
On the Side	Tomato & Lentil Pasta Salad Bar	Chips Sweetcorn Salad Bar	Roast Potatoes Yorkshire Pudding Carrots Gravy	Basmati Rice Peas Salad Bar	Crisps Raisins
For Dessert	Chocolate Ice Cream	Apple Eves Pudding with Custard	Yogurt	Fruit	Drink

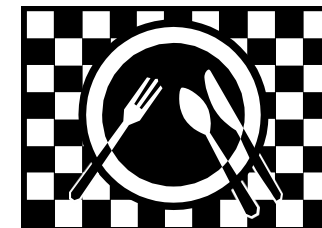
All items subject to availability

We do not intentionally use any products that contain nuts or nut by-products in our school menus.
Current labelling regulations mean that we cannot declare nut free status.



WILLIAM READ PRIMARY AND NURSERY ACADEMY LUNCH MENU – WEEK 2

Weeks commencing 7th November, 21st November, 5th December and 19th December 2022
Weeks commencing 9th January, 23rd January and 6th February 2023



	Monday	Tuesday	Wednesday	Thursday	Friday Grab-a-Bag
Main Course	Pork Sausages	Bubble Crumb Fish Finger Fillet	Roast Chicken Thigh (no skin or bone)	Cottage Pie	Ham Wrap
Vegetarian Option	Vegetarian Sausages	Boston Bean Burger	Roasted Quorn Fillet	Jacket Potato with Cheese, Beans or Tuna	Cheese Wrap
On the Side	Mash Potato Peas Gravy	Chips Baked Beans Salad Bar	Stuffing Ball Roast Potatoes Yorkshire Pudding Green Beans Gravy	Broccoli Gravy	Crisps Apple and Strawberry Lunch Box Loaf
For Dessert	Fruit	Chocolate Sponge with Chocolate Custard	Yogurt	Fruit Flapjack	Drink

All items subject to availability

We do not intentionally use any products that contain nuts or nut by-products in our school menus.
Current labelling regulations mean that we cannot declare nut free status.