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Sent: 12/11/2020 12:29:25
To all parents of: [Click here to show the recipient list](#)
Message Type: Email
Subject: Advice for child to self-isolate for 14 days

Dear Parents,

Advice for Child to Self-Isolate for 14 Days

As you know, we have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school.

We have identified that a number of children in year 6 have been in close contact (less than 2 metres and for longer than 15 minutes) with the individual who has tested positive for COVID-19. We cannot provide further details of the individual who tested positive for privacy and data protection reasons but rest assured, a full investigation is being conducted with Public Health England to identify further close contacts. I will personally call the parents of children that we can confirm have been in close contact with the individual.

In line with the national guidance, we request that your child now stays at home and self-isolates until 23rd November and can return to school on the 24th November (14 days after contact).

We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

During this period of isolation, we will provide remote learning via Google classroom and will organise times where you can pick up workbooks from school.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities, including returning to school.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Further guidance for those who have been identified as a close contact of someone with confirmed coronavirus (COVID-19), but do not live with that person, can be found here: <https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school/college or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the

household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are the recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Mr Martinson
Headteacher