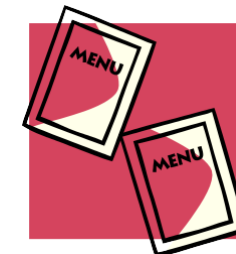


WILLIAM READ PRIMARY AND NURSERY ACADEMY LUNCH MENU – WEEK 1

Weeks commencing **4th September, 18th September, 2nd October and 16th October 2023**



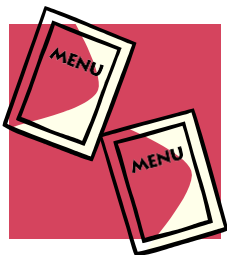
	Meat Free Monday	Classic Tuesday	Midweek Roast Wednesday	Milkshake Thursday	Grab-a-Bag Friday
Main Course	Quorn Hotdogs* with Potato Puffs (vg)	Chicken Nuggets*	Roast Gammon (gf) with Gravy (vg)*	Fish Cake*	Sausage Roll*
Vegetarian Option		Quorn Nuggets (vg)*	Roast Quorn Fillet* with Gravy (vg)*	Fishless Fish Fingers (vg)*	Sausage Roll (vg)*
On the Side	Sweetcorn	Chips (vg) Baked Beans	Roast Potatoes (vg)* Yorkshire Pudding * Broccoli	Mashed Potato (gf) Peas	Crisps* Chocolate Biscuit*
For Dessert	Cookie*	Pancake (vg)*	Jelly (gf)	Fruit	Yoghurt Tube* Fruit Juice Drink

All items subject to availability

* these items may contain one or more of the following ingredients: wheat, dairy, soya or eggs

vg – Vegan, gf – Gluten Free, v – Vegetarian

Yoghurt and fruit available daily



WILLIAM READ PRIMARY AND NURSERY ACADEMY LUNCH MENU – WEEK 2

Weeks commencing 11th September, 25th September and 9th October 2023



	Meat Free Monday	Classic Tuesday	Midweek Roast Wednesday	Milkshake Thursday	Grab-a-Bag Friday
Main Course	Macaroni Cheese*	Chicken Curry (gf)*	Chipolatas* with Gravy (vg)*	Fish Fingers*	Chicken Burger*
Vegetarian Option		Vegan Curry (vg)	Roast Quorn Sausage (vg)* with Gravy (vg)*	Fishless Fish Fingers (vg)*	Quorn Burger*
On the Side	Cauliflower Garlic Bread*	Rice Naan Bread* Sweetcorn	Roast Potatoes (vg)* Yorkshire Pudding (vg)* Baby Carrots	Chips (vg) Peas	Crisps*
For Dessert	Fruit	Chocolate Chip Muffin*	Strawberry and Vanilla Mousse (gf)*	Doughnut*	Chocolate Biscuit Bar* Fruit Juice Drink

All items subject to availability

* these items may contain one or more of the following ingredients: wheat, dairy, soya or eggs

vg – Vegan, gf – Gluten Free, v – Vegetarian

Yoghurt and fruit available daily