

Adult & Child Swimming Lessons

As a parent, you play a vital role in encouraging your child to swim and learn about water safety.

Come and learn to swim with us in a safe and fun environment at Runnymede & Waterside Farm Leisure Centres in our parent and child lessons.

Grow your child's water confidence whilst they learn the fundamentals of swimming and bond with you in a comfortable water temperature. We use songs and games to develop your child's motor skills required for swimming.

Lessons are available from 6 months old every weekday morning with unlimited FREE public swimming and FREE softplay.



Contact Runnymede or Waterside Farm
Leisure Centre for more information.
Phone: 01268 756514 / 01268 694342
Email: leisure@castlepoint.gov.uk
Website: www.castlepoint.gov.uk/leisure



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